



Grimes Real Estate Skerries 10km Athlete Briefing  
 Location – Educate Together National School Skerries

<https://maps.app.goo.gl/EDGeXx5k3S8YkEcM9>

Date – Sunday 16<sup>th</sup> March 2025

Time - 9am

## Skerries 10K 16th March Kids Races

**HQ @ Educate Together School:**

- 7:00 Bib collection
- 8:30 Race Briefing
- 9:00 Race start

**Early Bib collection:**

Saturday 15th March  
9am to 3pm  
Eurospar

**HQ @ Educate Together School:**

- 7:00: Bib collection
- 10:15 First race
- No kids registration on day

- Eurospar
- Skerries Mills
- South Strand
- SuperValu
- Red Island

Thank you very much for registering for our race on Sunday 16<sup>th</sup> March in Skerries

This briefing is aimed to provide you with all the information you require to take part in our races on Sunday 16th March.

Our 10km race is a chip timed single loop of Skerries town, allowing supporters to provide plenty of encouragement along the scenic waterfront. The emphasis is on a fun day out in a friendly and safe environment.

With 1,000 athletes racing across a number of different races it promises to be a great but busy day.

Thank you to Grimes Real Estate, Eurospar Skerries, 123.ie and Skerries Creche as our race sponsors. Thanks to the local clubs who have registered to race in the 'Fittest and Fastest' club in Skerries.

Finally thank you to Conor D'arcy and the team at Educate Together for allowing us use of their facilities for the weekend.

Race start times are as follows –

- **8.45am:** 10km walkers 18 years +
- **9am:** 10km Runners 18 years +
- **9.05am:** 1 Mile Race
- **10.15:** Kids race commence (approx.)

We couldn't put on this race without the support of the local Garda in Skerries (Sergeant Keith White) under the approval of Acting Superintendent Cathy O'Neill in Balbriggan and Fingal County Council.

Skerries AC are delighted to have Skerries Youth Support Services (SYSS) on board as our charity partner, the club will donate from race entry fees to these critical services to youths in our community.

SYSS will have an information desk at number collection on race morning, pop over have a chat, see what you can do to help. They will also be providing volunteer services on race day.

**Finally, over 100 volunteers who are amazing, it couldn't happen with them.**



## Race Weekend Timetable

- Saturday 15<sup>th</sup> March – number and Shirt collection
  - **9am – 3pm**
  - Location – Eurospar, Skerries Point Shopping centre
    - <https://maps.app.goo.gl/n8qQDErPiJZcP5Ld7>
- Sunday 16<sup>th</sup> March - Number and t shirt collection
  - **7am - 8.30am (9.45am close for Kids)**
  - Location – Skerries Educate
    - <https://maps.app.goo.gl/EDGeXx5k3S8YkEcM9>
  - Entry to the number collection queue will be prohibited after 8.25am, please arrive in the queue by 8.25am.
  - 10km numbers can't be guaranteed after 8.30am
  - To collect your number, you must have your number confirmation email/text and some form of ID.
  - No number collection on behalf of other unless pre advised by email by 9pm on Friday 14<sup>th</sup> March [raceinfoskerriesac@gmail.com](mailto:raceinfoskerriesac@gmail.com) – No exceptions
  - Juvenile number collection will continue until 9.45am
  - Athlete Briefing - 8.35am
  - Walkers 8.45am
  - **Runners to start 8.50am**
  - 300 Metre Walk to start line

\*\*\*Runners please do not congregate around the start area before 8.50am and ensure you enter the start line from the back and not the front of the race\*\*\*

- Sunday 16<sup>th</sup> March – Walkers start.
  - **8.45am**
- Sunday 16<sup>th</sup> March – 10km race start
  - **Physio Ward race warm up 8.50am**
  - **9am**
- Sunday 16<sup>th</sup> March – 1 Mile race
  - **9.05am**
- Sunday 16<sup>th</sup> March – **Refreshments available from 10am**
- Sunday 16<sup>th</sup> March – Kids races start
  - **10.15am**

There will be entry points into the start area for sub 40 mins..sub 50 mins, sub 60 mins etc. Please ensure you start in the correct area based on your target time.

Please use the pre race number collection on the Saturday to avoid the race day queue and you can also get a little extra beauty sleep on the morning of the event.

During number collection on Saturday Eurospar Skerries will offer participants coffee and donut for €4.

On race day Eurospar Skerries will offer Coffee and croissant for €3 to all participants who present their race number.

## Race parking!

There is no parking at the race location in Educate Together school or the surrounding roads/housing estates. All parking locations are marshalled, please follow the directions of the marshals and do not park illegally or block residents. Parking locations are on the map here. If it's not marshalled, it's not a parking location. (apart from the Balbriggan Road)



We encourage locals to use sustainable transport, there is plenty of bicycle parking within school, or avail of parking with a friend close by. This will leave room for visitors to our town.

Skerries has ample off-street parking which will be available free of charge on the morning of the race

Athletes must not park anywhere on the race route, cars parked illegally may receive tickets and may be towed away.

- Do not park on double yellow lines or at Garda cones.
- Please refrain from parking in any of the surrounding housing estates.

Where you see Garda cones, they are there for a reason, don't try and squeeze in between them.

Please Carpool where possible and allow enough time to park and walk to race registration

**\*\*\*Please arrive early to park, if you're not parking up by 8am you are going to be late\*\*\***

**\*\*\*The race will start at 9am, we will not be waiting for any late arrivals\*\*\***

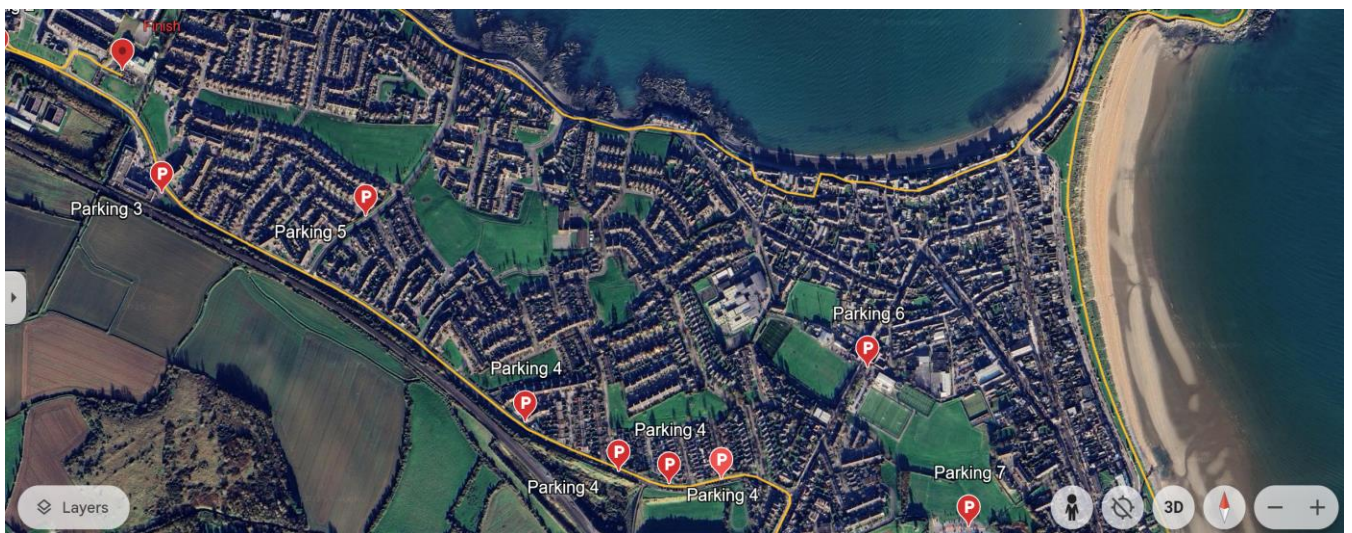
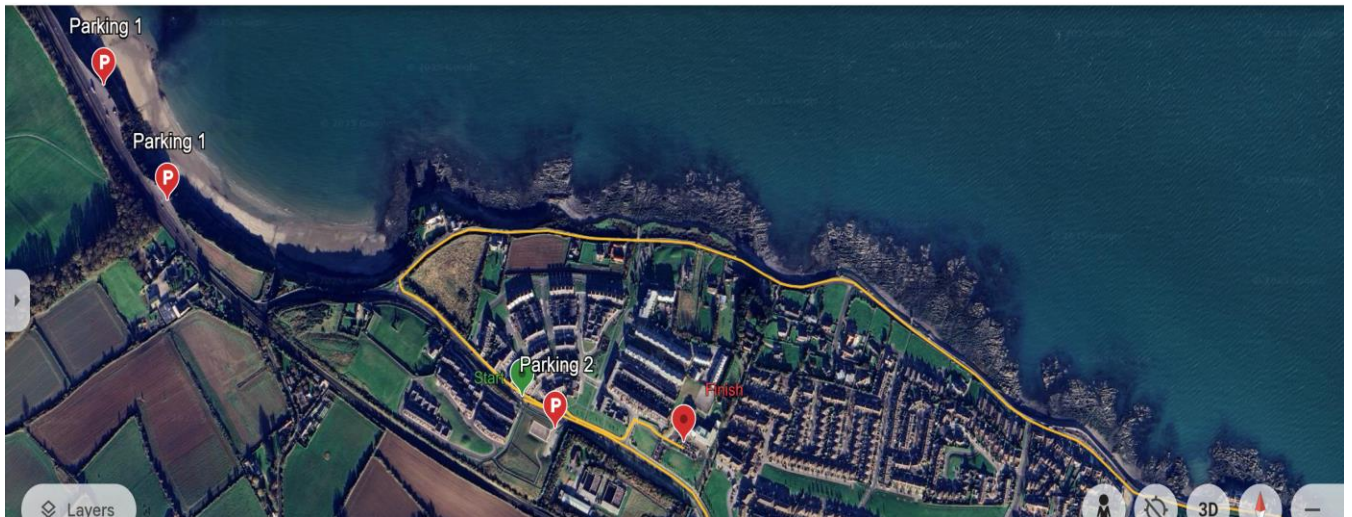
Car Parking Locations -

The following locations are available for parking and will have marshals. Each point below is noted on the map above and with a map location:

1. If coming from Balbriggan/North – please use the 2 car park bays at the “Ladies stairs” at the bottom of Ardgillan. These are less than 1k from the start line. Location = <https://maps.app.goo.gl/Hg89JESYfuU8LH937>
2. Eurospar. Less than 500 m from the start line. Location = <https://maps.app.goo.gl/n8qQDErPiJZcP5Ld7>
3. Basketball court (limited parking). Less than 100m from the start line. Location = <https://maps.app.goo.gl/utkwK3293cp3Jbuy9> Please note due to kids races cars will not be able to leave this location between 10.15am and 10.30am
4. Townparks – Selskar at the Ballast Pit. Less than 1.6k to the start line. Location = <https://maps.app.goo.gl/jGGcX3KxJHRjaekh8>
5. Harrison Bay Road (limited parking). Less than 800m to the start line. Location = <https://maps.app.goo.gl/ZJqdVbVcseehy9qm7>
6. Community centre (2k to the start line). Location = <https://maps.app.goo.gl/ZJqdVbVcseehy9qm7>
7. Mills car park. (2.5k walk to the start line). Location = <https://maps.app.goo.gl/FvjHSU4Ys4oSzkLo7>







## Kids Races

All kids races will take place on the road immediately outside the school using both sides of the road. All kids must be at the kids holding area on the grass outside of the school by 10am

The kids races will commence at 10.15am with the U14's, they will run north on the road past the U12 start point. Once the U14 racers clear past the U12 start line the U12 race will commence on instruction of the Juvenile Race Director.

All kids will leave the holding area with their race marshals and move to their start points.

<https://earth.google.com/earth/d/1vTGDbIfiYdRORo2FXDLLataYh0CIE-p-?usp=sharing>

Race holding location here in yellow



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**U14 – 1,200 Metres** – Please congregate at the holding point for 10am. The U14 race will commence at 10.15am and head northwards for approx. 500 metres and turn on the road and head back in the opposite direction to the finish line. (Race start 10.15am)

**U12 – 1,000 Metres** – Please congregate at the holding point for 10am. The U12 race will start once the U14 clears the u12 start line. The race will commence on instruction of the Race direction with the sound of a starter horn. They will run north for approx. 300 metres and turnaround and run in the opposite direction back to the finish line. (Race start 10.18am approx)

**U10 – 700 Metres** – Please congregate at the holding point for 10am. The U10 race will start once the U12 clears the U10 start line. The race will commence on instruction of the Race direction with the sound of a starter horn. They will run directly to the finish line. (Race start 10.21am approx)

**U8 – 500 Metres** – Please congregate at the holding point for 10am. The U8 race will start once the U10 clears the U8 start line. The race will commence on instruction of the Race direction with the sound of a starter horn. They will run directly to the finish line. (Race start 10.24am approx)

**U6 – 300 Metres** – Please congregate at the holding point for 10am. The U6 race will start once the U8 clears the U6 start line. The race will commence on instruction of the Race direction with the sound of a starter horn. They will run directly to the finish line. (Race start 10.28am approx) Parents may want to run and hold hands of the younger kids in this race, this is fine as long as we all think health and safety.

**U16, U18 & U20 – 1 mile** – Please congregate at the meeting point (grass immediately outside the underground car park entrance of Eurospar) for 8.55am. The race will start at the entrance of Eurospar and run in a northerly direction to the turnaround point for approx. 900 metres and run 700 metres back in the opposite direction to the finish line. The race will commence immediately after the main 10km race clears the Eurospar junction. It's a combined start of 3 races and all genders.

Race times subject to minor changes in times so please arrive at meeting point at the requested time.

**All kids races will have fully vetted coaches as marshals**

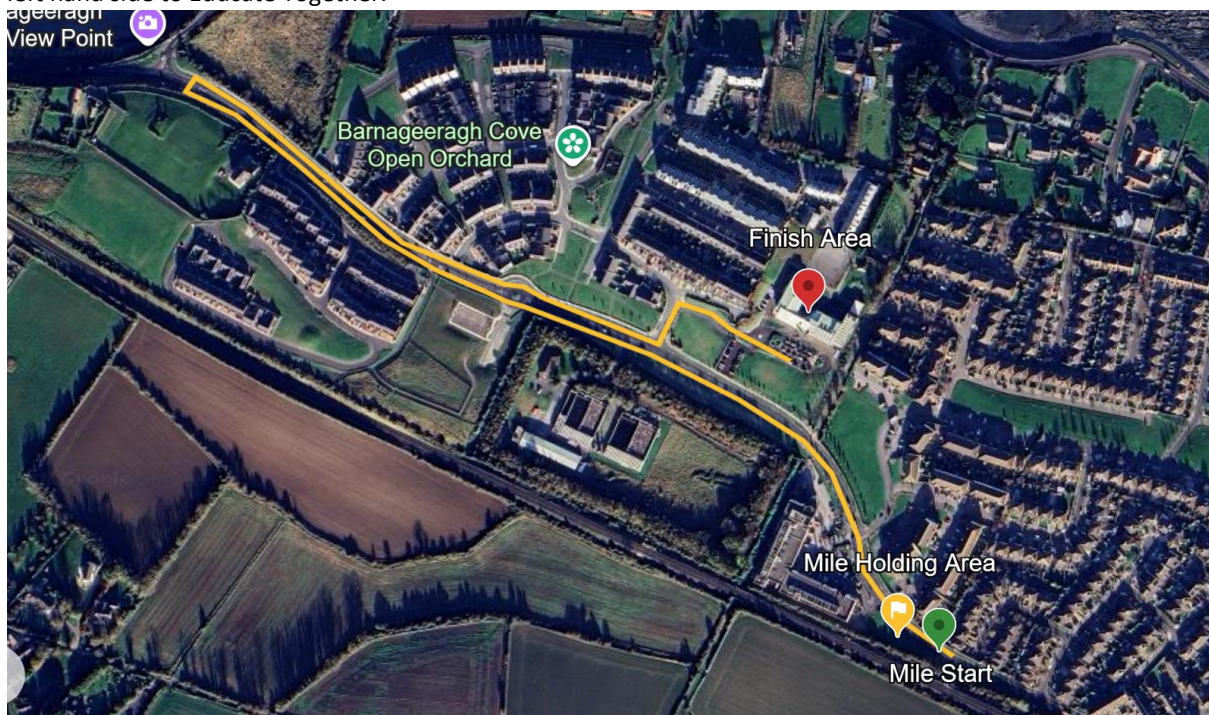


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### The 1 Mile race.

The 1 mile race will start immediately after the 10km race passes Skerries Point. It will be a combined start for ages and genders. They will run westwards to end of Barnageera road and turn around at the turn and back up left hand side to Educate Together.

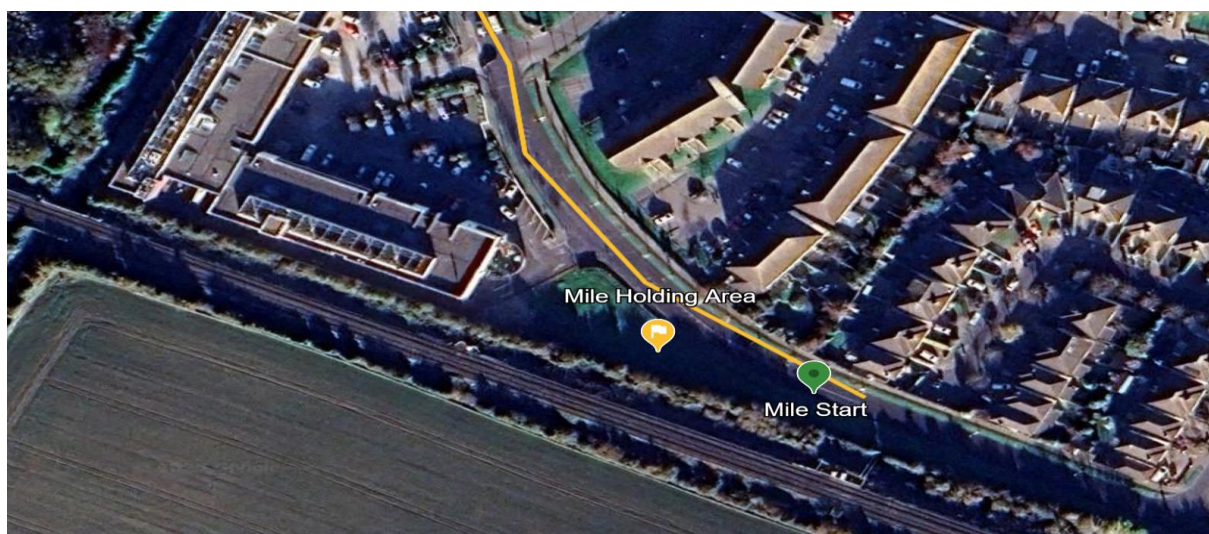


### Holding Area

The mile athletes shall be in the holding pen from 8.55am.

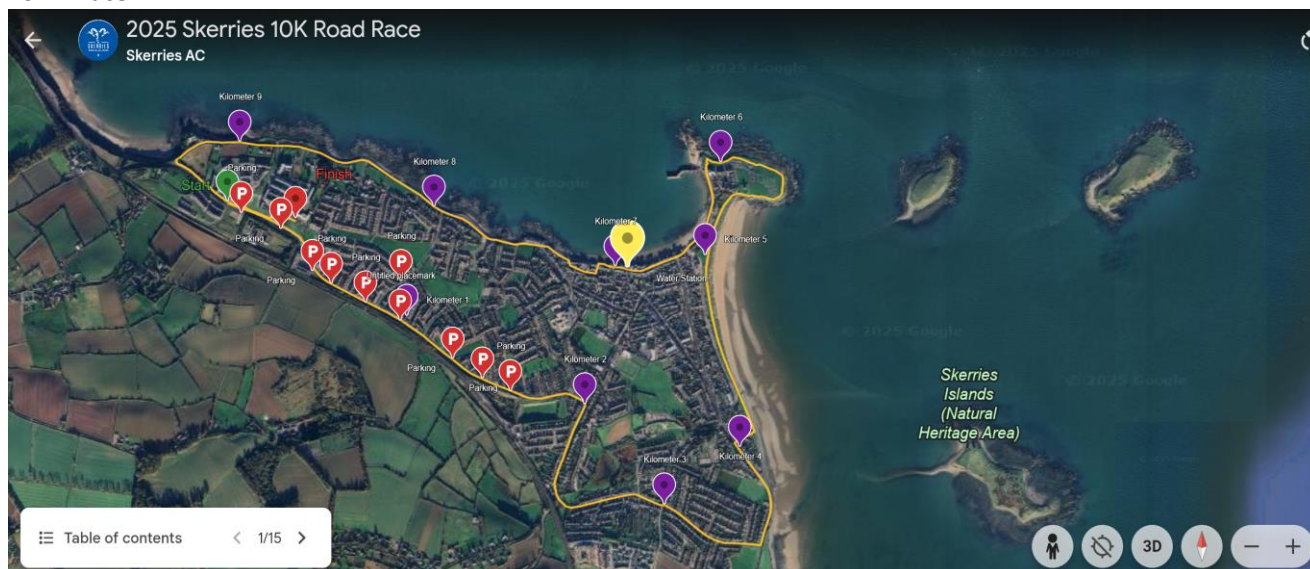
### Start

The Start area is just east of Eurospar Junction. Race is expected to start at 9.05am



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## 10km Race



Please note the above location of the race start - it is NOT at the school, it's located 300m down the road towards Balbriggan. We will guide you to the start point following the race briefing at the school.

Link to route is here also

<https://www.plotaroute.com/route/2870359?units=km>

Walkers will start at **8.45am**, walkers must use the paths where provided.

Main race will commence from the start line at **9am**. The start area is a one-way system for runners. Athletes will stay on the path and enter the start zones from the back of each zone. Each zone (sub-40, 50, and 60) will be marked. Please ensure you are honest with yourself and others and start in the correct zone. Walkers will approach start line from the front and use paths where provided.

The race surface is a mix of road, footpath, cycle lanes and promenade. The roads are not closed so please obey the instructions from the Garda and course marshals. Traffic will be managed to allow athletes to go through junctions safely.

**\*\*\*\*The roads are open to traffic, so rules of the road apply throughout. You must always take care and do not cross the middle white lines\*\*\*\***

Turns will be signposted with green arrow signs. KM's will be sign posted for guidance only.

### Lead Bikes

There will be 2 lead bikes for 1<sup>st</sup> male and female.

### Sweeper Bike

There will be one sweeper bike, once this sweeper bike passes you as a runner, you may continue the race, but on the footpath where the footpath is available. For safety reasons parts of the course will be dismantled behind that sweeper bike. The bike will move at 9 min pace per KM



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## Route Guide

1. Race will run the opposite direction to last year. It will start on the Barnageera road, 100 metres north of the small roundabout north of Eurospar. The first 2km are flat, straight and fast.
2. The Athletes will turn right at the roundabout keeping to the rules of the road going around the roundabout.
3. The next roundabout is 500 metres, and the athletes will keep left through that roundabout and straight through the crossroads in another 500 metres.
4. After you go through the crossroads you will come to a T junction and turn left. 300 metres after you turn left you will be directed across from the left-hand side to the right-hand side. Please be careful as marshals will be merging traffic to the other side when safe to do so. You will keep to the right-hand side of the road for approx. 300 metres where you will turn right onto the lane leading to the promenade.
5. After this turn you will run 200 metres to the promenade, please turn left on the promenade and run for 2.5km to the RNLI pole. Please keep right as you go around the pole under the arch onto the harbour road.
6. As you enter the harbour road you will keep right of the cones, traffic will be on the other side of the cones. Please follow marshal instructions as you enter and exit harbour road.
7. You will enter Hoar Rock area (our water station is here) of Skerries with left and right turns before you come out at the white cottages onto the Balbriggan Road. At this stage you are about 2.5km from home, but you still have a long incline, if we get a westerly wind, it can be testing.
8. You are now on the scenic Balbriggan Road for approx. 2 km. Please keep to the left of road as instructed by marshals, you will keep left until you reach the top where you will turn left with 500 metres to go to finish, you will be directed here onto path/bike path.
9. Finally, the school will come into sight, please see finish area map below to visualise your left then right turn into the school. 70 meters from the gate and it's time for refreshments.
10. Once finished keep moving to the left you will receive your amazing goodie bag. Congrats you did it!!!

**\*\*\*\*The roads are open to traffic, so rules of the road apply throughout. You must always take care\*\*\*\***

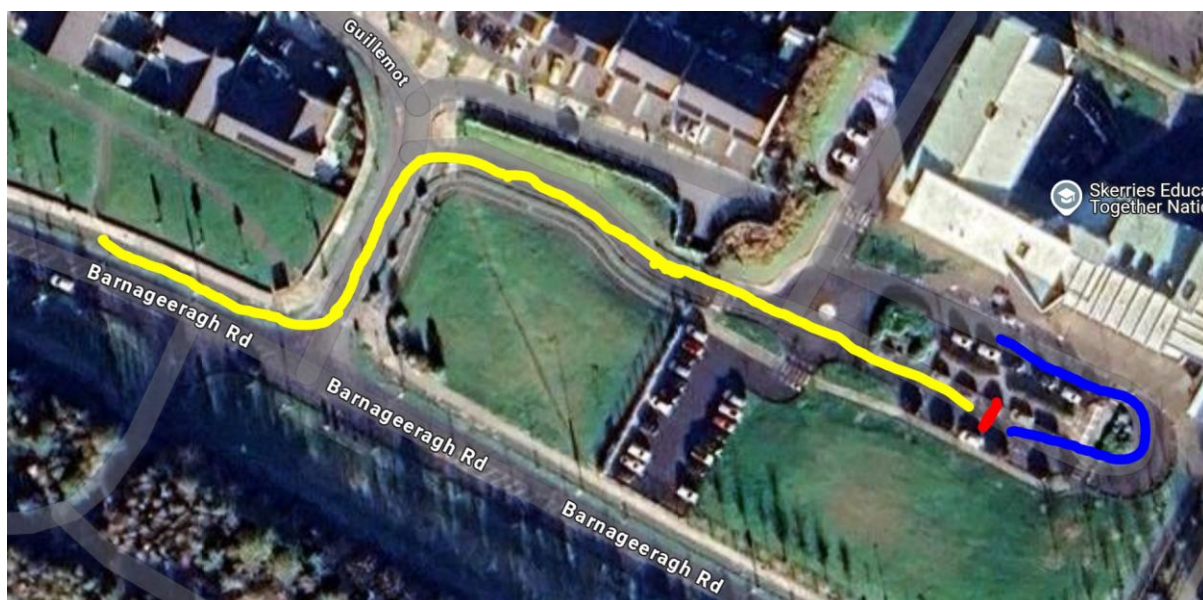
## Course Litter

**Skerries is a beautiful town and previous winner and national and international awards for its cleanliness. Please ensure you do not dispose of any litter on the course, if you have litter put it back in the pocket it originated from!**



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## Finish Area



Yellow line is race direction.

Red Line is Finish line.

Runners must follow the blue line after they finish, this will avoid any crowd issues at the finish chute. Please follow that blue line to grab your goodie bag.

The race will finish directly through the main gate and straight 70 metres to the finish line.

## Physio Services

<https://www.thephysioward.com/>

The Physio Ward will be on hand to provide pre and post-race physio advice.

## Post Race Refreshments- 10am in school hall

Why not treat yourself to some Skerries AC hospitality and grab tea, biscuits and cakes to warm up and ensure you also cheer the kids on. Don't leave without treating yourself inside the school hall

## Toilets and changing facilities.

There are toilets within the school carpark and 3 individual toilets in the school, one of these is a fully accessible toilet the other two should be used by kids with parents. Please use these facilities before you leave for the start line. There is also one toilet in Eurospar which can be used if you can't make it to the school.

**There are no toilets at start line and remember resident gardens/lanes are not toilets.**



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**Bag Drop**

A designated area within the school will be in place for bag drop, please note it will not be monitored so anything left there is left at the owners risk.

**Litter and recycling**

We are trying to keep this event as sustainable as possible. Please use the bottle and can recycling bins for recycling and use other bins for rubbish.

**First Aid**

Red Cross is providing medical cover for the entire race and at the finish line.

If you are unable to finish the race, please alert one of the marshals on the course so that we can account for all runners.

**iPods & MP3 Players**

In the interests of your own safety and the safety of other road users we request that you do not use personal music devices. You need to be able to hear other runners, marshals or emergency vehicles.

**Race HQ**

Race HQ will operate a one-way system on race day, this allows smooth flow of athletes and spectators to ensure a safe and enjoyable event. Please follow the signs on the day.

**Race Results**

The results should be available immediately upon completion from My Run Results.

**Prizes**

- Overall 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> female and male.
- Masters (50 and over on the day) 1<sup>st</sup> 2<sup>nd</sup>, 3<sup>rd</sup> female and male
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> team of 4 females and males (From a club or organisation)
- 1 mile race (U16, U18, U20) 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> female and male in each age group
- Kids – 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> in each race..male and female
- Educate Together Fittest Class
- Educate Together Fastest Teacher
- GOAT – Greatest of all Skerries team – Top 5 score (must be at least 1 of each gender to score)
- Prizes will be given out in the club after the conclusion of the kids races.

Take care, good luck and enjoy the beautiful course we have for you on the 16th March!

The race is sanctioned under AI rules, permit number 24/274







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